

Faith Building Activity
Options must be
completed in conformity
with Youth Protection
Guidelines



TRAIL LIFE USA

Faith Building Activity Options for Adventurer Advancement

1. For the Adventurers Freedom Award requirement, choose **one** option from the list below. (Additional options may be completed as individually desired)
2. Talk to your Advisor or Trail Guide about what is required and obtain his approval to begin.
3. Notify your leader when you have completed your work.

Option 1: Christian Religious Recognitions

Earn the age appropriate religious recognition of your faith with your church leader:

1. Catholic: The National Catholic Committee of Trail Life USA (NCCTL) is currently developing a religious emblems program for Catholics that is specifically tailored to Trail Life troops at each age level. Stay tuned!
2. Churches of Christ (MCCS) - *Giving Servant*
3. Eastern Orthodox (EOCS) – *Alpha Omega*
4. Protestant (PRAY) – *God and Life*

Option 2: TRAIL LIFE USA Spiritual Development Award

Working with an adult leader who will disciple you, develop an individualized discipleship program with a minimum duration of three months. All meetings with your adult leader should be attended by you along with a parent, family member or peer.

Do the following:

1. Select an Adult leader approved by your parent or guardian.
2. Regularly meet with your adult leader for discussion and prayer.
3. Keep a journal for the duration of your discipleship program. Journal entries may include:
 - A. Prayers
 - B. Scriptures for memorization
 - C. Reflections and meditations
 - D. Insights
 - E. Prayer and worship log

4. Participate in either an individual or group Bible study for at least six weeks.
5. Complete one of the following discipleship activities:
 - A. Read books on spiritual growth, disciplines, issues, biographies, autobiographies.
 - B. Participate in a retreat with adult disciple or youth from your church.
 - C. Attend conferences, seminars, classes or lectures on spiritual growth, disciplines, issues, or other related topics.
6. Submit report.
 - A. Program Summary or Outline
 - B. Verification of Completion by Adult Leader
 - C. Personal Testimony, Reflections, and Insights on your walk with God through this time period

Option 3: Delta Life Program – *Band of Brothers or Vanguard*

- Participate in Band of Brothers for a year with regular attendance (grades 9-12).
- Participate in Vanguard for a year with regular attendance (grades 10-12).